



Our Model:

California Human Development (CHD) has been providing comprehensive residential treatment for women who suffer from chemical dependency for over three decades. We understand that it takes true courage, guidance and a tremendous amount of on-going support to learn how to live without the use of drugs & alcohol. Our approach is based on respect and compassion and encompasses the mind, body and spirit of the individual. Our model offers an opportunity for women seeking recovery to gain the skills and become empowered to rebuild their lives and relationships. We have previously provided these services using three separate homes; the expansion into one larger facility will allow us to greatly enhance our program and serve additional women - right here in beautiful Sonoma County.

Residents go through a phased program earning increased levels of privileges and responsibilities. Parenting education and visitation with their children and facilitation of family reunification. Upon completion of the program residents are employed or attending school/training, have an income source and have secured safe housing.

## Treatment includes;

- ✓ Relapse Prevention Training
- ✓ Diverse Classes and Seminars
- ✓ Anger Management Training
- & Self-Esteem Development
- ✓ Individual and Group Counseling
- ✓ Exercise and Nutrition Programs
- $\checkmark$  GED Preparation
- $\checkmark$  Literacy Education
- ✓ Job Readiness/Job Search Assistance
- ✓ Parenting Education
- ✓ Housing Assistance
- ✓ Extensive 12-step Involvement
- √26 Week Aftercare Program

W Cost:

Athena House provides individualized treatment for women up to six months followed by a 26-week aftercare program. The length of the treatment may be customized to fit individual needs. The cost of treatment is approximately \$1,500 per month, which includes room, board and all treatment services. We are able to provide this level of treatment at such a reduced rate in part because of our IRS not-for-profit 501(c)(3) status.

I would like to be part	of this historic re-use!
ame:	AVAILABLE SPONSORSHIPS:
ddress:	🗖 Individual Bedroom(s) - \$3,000
	Laundry Room - \$3,500
hone:	N Goup Copheling Boom \$4,000A B L E
mail:	NKItchen \$5,000 R AVAILABLE
lease make checks payable to:	Dining Room - \$7,500
<b>California Human Development</b>	🗖 Building Naming Rights - \$75,000
ISA/MC #:	This sponsorship is on behalf of or dedicated to:

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Your contribution is tax-deductible. Our IRS 501(c)(3) designation #: **94-1653023**  This sponsorship is on behalf of or dedicated Want a tour or more information?

Please Contact **John Way** @1707-521-478 ighn.way@chdcorp.org 3315 Airway Drive, Santa Rosa CA 95403